



Menifee Adult Soccer COMING April 2020!

Modified 8 v 8 Rules for Soccer

Playing Field:

- Dimensions shall be a minimum of 40 x 60 yards; and, no large than 50 x 70 yards.
- Halfway line and a center circle with an 8-yard radius.
- Goals shall be 18 feet by 6 feet.
- Goal area shall be 6 yards x 19 yards.
- Penalty area 14 x 35 yards.
- Penalty spot is 8 yards from goal.

Ball Sizes: size 5

Players must be geared properly at all practices and games:

- Cleats, shin guards, and soccer socks (completely covering the shin guards).
- No jewelry of any kind (earrings, necklaces, bracelets).
- No hard plastic or metal hair accessories (bows, clips, head bands, etc.).

Number of Players:

- Format is 8 v 8 with a goalkeeper.
- Teams have until 10 minutes after game start time to have a minimum of 5 players. If a team is unable to provide the minimum number of players that team will forfeit the match.
- Minimum on field is 5.
- Maximum rostered players is 17.
- Substitutions may be made with the permission of the referee during stoppage of play for:
 - Injury - either team
 - Goal kick - either team
 - After a goal - either team
 - Throw-ins / "Kick-ins" - either team.
- Players must enter and leave the field at the halfway line.
- Players to be substituted should be at halfway line prior to the ball leaving the field.

Games durations:

- (2) 25-minute halves
- 5-minute break at half time

One Referee shall be allocated to every match.

Start of Play:

- Winner of the coin toss decides which end to attack.
- Ball can move in any direction at kick off.
- Kicker may not kick the ball a second time until another player touches the ball.
- Opponents must be 8 yards from the center mark.
- Goals may not be scored at the kick-off.

Method of Scoring Conform to FIFA.

There is no offside.

Fouls and Misconducts Conform to FIFA, exceptions:

- Free Kicks: Opponent shall remain 8 yards from the ball.
- Penalty Kicks: Opponent shall remain 8 yards from the ball.
- Any form of harassment towards another player, spectator(s), or league officials will result in a yellow card or a red if the issue persists.
- **NO SLIDE TACKLING!**

Ball In and Out of Play:

Ball must be 100% over the Out-of-bounds line to be out.

Kick-In:

- Balls out of bounds are put into play by the opposing team at the point on the touchline where the ball was kicked out of bounds. Referees have considerable discretion, keeping in mind the flow of the game, and the instructional aspects of the game.

Goal Kick:

- Goal kick is taken by the defending team from any point on the goal line. And, opponents must be 8 yards away from the ball.
- Both goal kicks and keeper punts may not go over the half way line in the air.

Corner Kick:

- If a team defending goal touches the ball last before it crosses the goal line, the attacking team puts it into play with a direct corner kick.
- Opponents must be 8 yards away from the ball.

Opposing coaches and players should shake hands after each game.

