

AYSO Adult Soccer League Rules & Regulations

AYSO 5194 (Formally Menifee Soccer for Adults)

AYSO 5194 was formed in Summer of 2024 by merging with Menifee Soccer for Adults to create a RECREATIONAL 8 v 8 soccer league for men and women. Currently there are two (2) men's divisions and one (1) women's division. AYSO 5194 promotes friendly competition and build friendships within the Region.

REGISTRATION

- Registration is online on the adult league website. Or, during on-site open enrollment prior to start of each season. Location for on-site open enrollment will be communicated as soon as Directors secure a facility.
- Minimum age to participate is 18 years old.
- Only players registered are eligible to play in regular season and play-offs. Registration closes by the third (3rd) game of regular season.
- All players must register prior to participating in AYSO 5194.

FEES

- Fees are due in full within the registration window for each season. The last day of registration is the third (3rd) game of regular season play.
- Players who are suspended from the league because of any misconduct will not get their registration fees refunded back to them.
- All other refunds are subject to the executive board's decision.
- Annual \$30 insurance fee is due prior to Fall season opener. This is a once per fiscal year fee per player.
- Registration Fees will vary based on team standings from prior year. AYSO 5194 will have up to date registration fees posted on day of open registration.

TEAM INFORMATION

- Players/Free Agents are drafted before the start of each season by Team Managers identified by League Board.
- AYSO 5194 will have team contact information posted prior to start of each season.

OFFICIALS

- Referee jurisdiction begins when he/she arrives at the field and ends when he/she leaves.
- Referee decisions are final and not subject to protest.
- All games will be officiated by a one (1) referee. All referees will be USSF Certified.
- Play-off finals will be officiated by two (2) referees. Specifically, games for 1st & 2nd, and 3rd & 4th will have two (2) referees.

GENERAL RULES OF PLAY

- Games shall be governed by FIFA's Laws of the Game and USSF policies, except as modified by local rules.
- Each game will consist of two equal periods of 25-minutes with a 5-minute halftime.
- The referee will promptly start the game clock at the scheduled time. The referee may shorten any game to accommodate the schedule.
- All players must check in with the referee prior to playing and should be present for pregame safety instructions.
- This is an 8 v 8 format consisting of men and women leagues. A minimum of five (5) players from each team must be present to begin a match.
- A 15-minute grace period is allowed before the game is declared a forfeit. A forfeit will result in a score of 3 – 0.
- Substitutions are made at period breaks unless a player on the field requests to be substituted.

- All substitutions are made only with the referee's permission. Player(s) must leave the field of play before the substitution enters.
- Substitutions are allowed on Ball Advantage only. If the advantage team calls for a substitution, then the defense is allowed to sub as well at that time. Goal kick, kick off, or injury are the exceptions.
- Ball size 5. Three (3) balls will be provided for each match.
- Method of scoring conforms to FIFA.
- **NO OFFSIDES.**
- **Ball in and out of Play;** Ball must be 100% over the out-of-bounds line to be out.
- **Throw-ins:** Balls out of bounds are put into play by the last touch at the point on the touchline where the ball was kicked out of bounds. Referees have considerable discretion, keeping in mind the flow of the game, and the instructional aspects of the game.
- **Goal Kicks:** Goal kick is taken by the defending team from any point on the goal line. And, opponents must be 8 yards away from the goal area.
- **Goal Kicks and keeper punts** may not go over the halfway line in the air.
- **Drop-kicks** can go over half-way line!
- **Direct Corner Kick:** You can score directly off a corner kick.
- Opposing coaches and players line up and shake hands before and after the game. A player may choose not to shake hands...it is a choice.

PLAYING FIELD

- Field dimensions shall be a minimum of 40 x 60 yards; and, no larger than 50 x 75 yards.
- Women's Division goal size: 6.5 x 18 feet.
- Men's Division goal sizes: 7 x 21 feet.
- Halfway line with optional center circle.
- Penalty spot is 8 yards from the goal.
- Maximum rostered players is 18.

PLAYERS

- Cleats, shin guards, and soccer socks (completely covering the shin guards).
- No jewelry of any kind (earrings, necklaces, bracelets, etc.). Noses rings at players' discretion. Referees will check before each game.
- No hard plastic or metal hair accessories (bows, clips, head bands, etc.).
- No hard casts unless properly cushioned and approved by referee(s).
- Sunglasses at players' own risk.
- Keepers may wear a hat to block the sun. Field players cannot wear hats; only beanies are allowed.
- Only captains are to speak to referees regarding anything game related. And/or if a referee addresses a player directly, that player shall converse with a referee.

FOULS & MISCONDUCT (Players/Spectators)

- Player conduct should be in the spirit of good sportsmanship both on and off the field. Misconduct by players or Team Managers may result in disciplinary action as outlined in these rules. As well as, suspension from the league.
- **Free Kicks:** opponent shall remain 8 yards from the ball. Kicker does not have to ask for 8 yards. Ball must move forward (in any direction) from the first touch before the second touch occurs.
- **Penalty Kicks:** Opponent shall remain 8 yards behind the ball.
- Dissent by Word, Gesture, or Action will result in a Caution, and shown a Yellow Card.

- **Yellow Cards** will be issued for standard FIFA warranted infractions, including Careless or Reckless Play, and Foul Language.
- **Sliding or Diving** in the proximity of ANY player will be an automatic Yellow Card.
 - More specifically, no slide tackling/sliding within a close proximity of another player. One exception (but still at the discretion of the referee), sliding toward a sideline to save the ball when no other player is within 10 feet of sliding. And, keepers can slide for the ball but not feet first towards any player.
- **Player receiving a Yellow Card infraction** has to leave the match for a period of two (2) minutes of play. The player may be substituted by another player from the same team with the referee's permission.
- **Player receiving three (3) Yellow Cards** during the season will be prohibited from playing in the next game.
- **Any player who receives a Red Card** for Violent Conduct or Serious Foul Play will be prohibited from playing the next two games and may be subject to dismissal for the remainder of the season and/or permanently from the league.
- Red Cards will be issued for standard FIFA warranted infractions.
- Player receiving more than one Red Card for Violent Conduct or Serious Foul Play will, at a minimum and will be dismissed from the League for the remainder of the season.
- Player will receive a first and final warning for any dissent, foul gesture or violent foul. A second miscount by the player will result in a permanent suspension from the League.
- Remedies for situations or circumstances not listed in the rules, including warning, suspension, or dismissal from the League, will be reviewed and addressed in a manner deemed appropriate by League Officials.
- Any SPECTATOR(S) causing issues can be removed from the sidelines; and, must leave the park premises.

HARASSMENT, ABUSE, VIOLENCE

Harassment AYSO prohibits all conduct that is considered to constitute harassment including but not limited to, making unwanted sexual advances and requests for sexual favors where either (1) submission to such conduct is made an explicit or implicit term or condition of participation in an AYSO activity; (2) submission to or rejection of such conduct by an individual is used as the basis for decisions affecting the participation of the individuals in an AYSO activity; or (3) such conduct has the purpose or effect of substantially interfering with an individual's performance as a player or volunteer or creating an intimidating, hostile or offensive environment. Individuals who violate this policy are subject to disciplinary action up to and including immediate removal from the organization.

Harassment includes:

- Verbal conduct, such as epithets, derogatory comments, slurs or unwanted sexual advances, invitations or comments.
- Visual conduct, such as derogatory posters, cartoons, drawings or gestures.
- Physical conduct, such as assault, blocking normal movement or interference with an activity which is directed at a player or volunteer because of the player's or volunteer's sex or other protected characteristic.
- Retaliation for having reported harassment.

A player, volunteer or other person who believes they have experienced harassment by any other person while at an AYSO activity should follow the reporting procedures described in AYSO guidelines.

AYSO prohibits the unjust or prejudicial treatment of people on the grounds of race, ethnicity, national origin, religion, gender, gender identity, sexual orientation, social-economic position, ability or disability. AYSO seeks to protect its members from all types of discrimination.

Volunteer Abuse, or Violence

An AYSO Region, Area or Section may take action toward individuals involved with AYSO who do not adhere to the behavioral standards described in this policy. All persons may face disciplinary action for various offensive conduct, which conduct can generally be classified as minor, significant, major or extreme. Disciplinary actions that may be taken against such individuals set forth in AYSO guidelines.

(a) Abuse

Abuse is described in AYSO Safe Haven Training and may include a verbal statement or physical act not resulting in bodily contact which implies or threatens physical harm to an individual or the individual's property. Abuse includes but is not limited to the following acts directed at an individual: using foul or abusive language that implies or threatens physical harm to the individual targeted by that language; spilling any beverage on an individual's personal property; spitting at (but not on) another individual.

(b) Violence

An intentional act of physical violence directed at or upon an individual, for purposes of this Policy, includes an act intended to cause the individual targeted to be fearful of injury to himself or herself, to a member of his or her family or to said individual's property or the property of said individual's family members. Unintended consequences of the act are irrelevant.

Acts of violence also include, but are not limited to, the following acts committed upon an individual: hitting, kicking, tripping, punching, choking, spitting on, grabbing or bodily running into an individual; head butting; the act of kicking or throwing any object at an individual that could inflict injury; damaging the individual's clothing or personal property, e.g., car, equipment, etc. Acts of violence also include what is considered to be any type of criminal assault or battery by law enforcement authorities with jurisdiction over the location of the incident.

Acts of Violence May Result in Immediate Suspension

For acts of violence where physical contact was made, the police should be summoned and reports/charges filed. From an organization standpoint, automatic suspension of the offending member is desirable. A timely due process review shall be conducted in accordance with existing AYSO guidelines and policies, and sanctions should be imposed if warranted.

Method of Communicating Behavioral Issues

Misconduct by individuals may be communicated by players, volunteers, parents, and/or spectators to a board member of the AYSO Section, Area, Region sponsoring the activity, or to any other person believed to be an AYSO official. Referees and/or board or staff members shall complete and submit reports to their supervisory volunteer and any Incident Report prepared should be sent to the National Office.

Play-Off Awards

All teams that qualify for the finals during play-offs must participate in these games to receive the rewards outlined below:

1. **1st Place:** 50% off of following season team registration fees.
2. **2nd place:** 25% off of following season team registration fees.
3. **3rd place:** 15% off of following season team registration fees.
4. **4th place:** 10% off of following season team registration fees.